# August 2019 Playgroup Schedule

<table>
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<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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| **Fun in the Garden** w/Jennie  
Ages 2.5 and up  
CHP Family Services Bldg.  
10 - 11am | **Brain Builders** w/ Michelle  
Recommended ages 2+  
Siblings/babies welcome  
Sheffield Library  
10:30 - 11:30am | **Getting Ready for Kindergarten** w/Jeanne  
Ages 4-6  
Lenox Library  
10:30 - 11:30am | **Lake Play** w/Sue  
Lake Mansfield, GB  
10 - 11am  
August 1st only | **Sing N Play** w/Jeanne  
*CHP Family Services Bldg. GB  
10 - 11:30am |
| **Gym Fun** w/ Jeanne  
Town Hall Bldg.  
West Stockbridge  
10am - 12pm | **Brain Builders** w/ Michelle  
Recommended ages 2+  
Siblings/babies welcome  
Sheffield Library  
10:30 - 11:30am | **New Marlborough Storytime** w/Michelle  
New Marlborough Library  
Mill River  
10 - 11am  
August 8 and 15 only | **Water Play** w/ Jeanne  
CHP Family Services Bldg. GB  
10 - 11:30am | **Tyringham Stay and Play** w/Jess and Michelle  
Tyringham playground  
10 - 11am |
| **Babies & Books** w/ Jessica & Michelle  
Lee Library  
100 Main Street  
(birth to 12 mos)  
10:30 - 11:30am | **Otis Explore & Play** w/ Anina  
Otis Town Hall  
1 North Main Road  
Otis MA  
9:30 - 11:30am | | **Brain Builders** w/ Michelle  
Recommended ages 2+  
Younger siblings welcome  
Lee Library  
100 Main Street  
10:30 - 11:30am | |
| **Sips & Tips** w/ Cynthia  
*CHP Family Services Bldg. GB  
11:00 am-12:00pm  
Childcare provided | **Good Food Project**  
2nd and 4th Wednesdays  
*CHP Family Services Bldg-GB  
12th all day pop up tasting  
26th-Cooking Class 2pm | **Drop-in breastfeeding support**  
9am-3pm  
*CHP Family Services Bldg | **Baby Box Workshop**  
*CHP Family Services Bldg. GB  
1:30 - 2:30pm  
August 26th | **Guided Hike**  
Alford Springs Family  
Nature Exploration Hike-Mother Loop Trailhead  
Aug. 6th 10:30am-12pm |
| **Guided Hike**  
309 State Rd Great Barrington  
Aug. 20th 10:30am-12pm | **Guided Hike**  
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Aug. 20th 10:30am-12pm |

For clarification call 413-528-0457 or check out our full schedule and descriptions at CHPBerkshires.org/calendar
CHP Family Services: Our doors are open for every child and every parent in need of compassionate support during the first five years of life, when critical brain development takes place. Families are invited to use the playroom, clothing exchange, and lending library (books and educational videos). Walk-ins Welcome!

GEARING UP FOR KINDERGARTEN

For Kindergarten aged kids and their parents

Wednesday August 7th 5:30—7pm

Mason Library, 231 Main Street, Gt. Barrington, MA

Got a kiddo entering kindergarten for the first time? Bring all your questions to our parent panel and ask away! Our panel is comprised of parents with children who have already experienced kindergarten. They will share their experiences and you can pick their brains. Activities for kindergarten aged children and childcare for younger siblings.

Pizza dinner included!

Pre-registration required

Email Kim at chpplaygroups@gmail.com

CAR SEAT CHECK At CHP Barrington OB/GYN

AUGUST 1ST 9am-3pm

780 Main Street, Great Barrington

Call CHP-WIC for more info 528-0457

MOBILE FOOD BANK

FREE FRUITS, VEGETABLES, AND OTHER NUTRITIOUS FOODS
FIRST TUESDAY CHP-GB
FOURTH WEDNESDAY CRA/FSN-DALTON

11AM UNTIL NOON

BRING YOUR OWN SHOPPING BAGS

APPLY FOR SNAP

10am until 3pm

Call 413.528.0457 for an appointment

Second Wednesdays of the Month at CHP-Family Services, Great Barrington
First Wednesdays of the Month
CRA Kittredge House Dalton

It’s HIP to be healthy!!
If you use SNAP at a HIP retailer
HIP dollars you earn are put back into your SNAP balance For more information:
1-800-645-8333 or mass.gov/HIP

CHP is growing! Check out our new space at CHP Family Services - Dalton
Kittredge House  444 Main St, Dalton

You are cordially invited to join us at CHP Family Services to recognize

World Breastfeeding Week!

On Friday, August 2nd we will celebrate women who have, who are now and who are interested in breastfeeding!

Please join us from 10am - noon for refreshments, raffle prizes & conversation.

Location: 442 Stockbridge Rd, Gt. Barrington

Please RSVP: call 413-528-0457 ext1205 or email jbodnar@chpberkshires.org

CHP Family Services is funded in part by the Massachusetts Dept. of Early Education and Care, the Massachusetts Dept. of Public Health, Berkshire Taconic Community Foundation, Massachusetts Local Cultural Councils, and Berkshire United Way.