

March 2024 Playgroups & Events

This program is funded by the Coordinated Family and Community Engagement (CFCE) grant awarded to Community Health Programs by the Department of Early Education and Care (EEC).*

Families Like Ours

Do you have a child with a disability? Perhaps you are a grandparent or caregiver? Let's connect!

All of CHP's family programs are open to parents and children of all abilities. But CHP also has a special networking and outreach program for families raising a child with disabilities of any kind. From informal hikes at accessible parks and paths to playgroups and online support groups and workshops, these programs are created and led by parents for parents of children with special needs.

Join us and make lasting connections with these programs and families like ours. For more program and workshop information, visit chpberkshires.org/families-like-ours.

Beyond Delivery: Weekly Postpartum Support

Tuesdays, 10 AM | CHP Great Barrington

A supportive gathering revolving around breastfeeding, new family dynamics, postpartum depression, nutrition and all topics related to becoming a new parent. [Click here for more program information.](#)



Scan the code for more Family Services info and programs, or visit us online at chpberkshires.org/family.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>PLAY BREAK 10:30 to 11:30 AM</p> <p>Join Jeanne for imaginative play music, story, and more!</p> <p>Held at the West Stockbridge Library.</p> 	<p>BABY PLAY 10:30 to 11:30 AM</p> <p>For babies 12 months and UNDER</p> <p>Join Cate to sing songs, read books, and play together! Meet other babies and their caregivers.</p> <p>Held at the Mason Library, Great Barrington.</p>	<p>CRAFT & PLAY 10:00 to 11:00 AM</p> <p>More crafts with Cate! This month we'll make spring-themed projects like rainbows, clovers, bunnies, and chicks! We'll also enjoy stories and indoor play with blocks, dolls, the play kitchen, slide, and more.</p> <p>Held at the CHP Family Services Building, Great Barrington.</p>	<p>TODDLER PLAY 10:00 to 11:00 AM</p> <p>Join Cate for indoor play, including the play kitchen, blocks, dolls, indoor slide, books, and lots of hands-on fun! We'll also share songs and story!</p> <p>Held at the CHP Family Services Building, Great Barrington.</p>	<p>VIRTUAL SPECIAL NEEDS PARENT SUPPORT GROUP 9:00 to 10:00 AM via ZOOM</p> <p>Raising a child with special needs can be overwhelming.</p> <p>This weekly virtual group provides validation, resources, and the opportunity to build friendships with people who face similar challenges.</p> <p>Facilitated by CHP's Rania Markham, a mother of a child with special needs.</p> <p>Email for your Zoom link: markham@chpberkshires.org</p>
<p>*CHP FAMILY SERVICES IS ALSO FUNDED IN PART BY:</p> <ul style="list-style-type: none">■ The Massachusetts Department of Public Health■ The Berkshire Taconic Community Foundation■ Massachusetts Local Cultural Councils■ The Berkshire United Way 		<p>"Play is our brain's favorite way of learning."</p> <p>—Diane Ackerman</p> 		
<p>SPECIAL EVENTS FOR MARCH</p>				
<p>PARENTS' NIGHT OUT Berkshire Arts Center, Stockbridge Friday, March 8, from 6:00-8:00 PM</p> <p>In collaboration with Berkshire Arts Center, we present to you a night of art-making and social support! Join us for pizza and creativity. No experience necessary!</p> <p>Childcare is available for children 4 and over. Children will have their own art class!</p> <p>Space is limited. Pre-registration required. To register, email chpplaygroups@chpberkshires.org</p>		<p>Interested in how your child is developing?</p> <p>Visit agesandstages.com for an "Ages and Stages" questionnaire, and be sure to include your email for the results. You will receive information on how to support your child's development, activities to strengthen their growth, and access to resources offered by CHP and other area agencies as necessary.</p>		
				
<p>ParentChild+ Equal Possibilities From The Start</p> <p>Do you have a child 18 months or older? Learn how to help prepare them for preschool or school. This FREE program is for children 18 months to 3 years old and their caregivers and is available to all families in southern Berkshire County. For more information, visit tinyurl.com/49d846zj or contact Katelyn Parks at 413.528.0457.</p>				