## CHP PLAYGROUP SCHEDULE
### JANUARY 2019

*CHP Family Services • 442 Stockbridge Rd. Gt. Barrington • 413-528-0457 • CHPBerkshires.org

Playgroups marked with double asterisk** are hosted by South Berkshire Kids

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<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<th>Friday</th>
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<td><strong>Play N Learn</strong>&lt;br&gt; w/ Kim&lt;br&gt;*CHP Family Services Blg. GB&lt;br&gt;(3 - 4yrs)&lt;br&gt;9:30 - 11:30am&lt;br&gt;Sign Up Required&lt;br&gt;No Drop-In at this time</td>
<td><strong>Toddler Steps</strong>&lt;br&gt; w/ Jennie&lt;br&gt;*CHP Family Services Blg. GB&lt;br&gt;(18m - 3yrs)&lt;br&gt;9:30 - 10:30am</td>
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<td><strong>SKIP &amp; DIP</strong>&lt;br&gt; w/ Roberta, Marcela &amp; Anina&lt;br&gt;Berkshire South RCC&lt;br&gt;15 Crissey Road&lt;br&gt;Gt Barrington&lt;br&gt;10:00am - noon</td>
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<td><strong>Gym Fun</strong>&lt;br&gt; w/Jeanne&lt;br&gt;Town Hall Bldg.&lt;br&gt;West Stockbridge&lt;br&gt;10:00am - noon</td>
<td><strong>Brain Builders</strong>&lt;br&gt; w/ Michelle&lt;br&gt;Undermountain ES&lt;br&gt;491 Berkshire School Rd.&lt;br&gt;Sheffiled&lt;br&gt;9:30 - 10:30am</td>
<td><strong>Lenox Play</strong>&lt;br&gt; w/ Roberta&lt;br&gt;Lenox CC&lt;br&gt;65 Walker Street&lt;br&gt;9:30 - 11:30am</td>
<td><strong>Brain Builders</strong>&lt;br&gt; w/ Michelle&lt;br&gt;Berkshire South RCC&lt;br&gt;15 Crissey Road&lt;br&gt;Gt Barrington&lt;br&gt;10:00am - noon</td>
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<td><strong>Babies &amp; Books</strong>&lt;br&gt; w/ Jessica &amp; Michelle&lt;br&gt;Lee Library&lt;br&gt;100 Main Street&lt;br&gt;(birth to 12 mos)&lt;br&gt;10:30 - 11:30am</td>
<td><strong>Ots Explore &amp; Play</strong>&lt;br&gt; w/ Anina&lt;br&gt;Ots Town Hall&lt;br&gt;1 North Main Road&lt;br&gt;Ots MA&lt;br&gt;9:30 - 10:30am</td>
<td><strong>Pinewoods Play</strong>&lt;br&gt; w/Sue&lt;br&gt;3 W Stockbridge Rd Stockbridge&lt;br&gt;10:30 - 11:30am</td>
<td><strong>Sing N Play</strong>&lt;br&gt; w/ Kim&lt;br&gt;Bushnell-Sage Library&lt;br&gt;48 Main Street, Sheffield&lt;br&gt;10:00 - 11:00am</td>
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<td><strong>Sandisfield Play</strong>&lt;br&gt; w/Anina&lt;br&gt;Sandisfield Community Center (below library)&lt;br&gt;23 Sandisfield Rd. Rt. 57&lt;br&gt;9:30 - 11:00am</td>
<td><strong>Brain Builders</strong>&lt;br&gt; w/ Sue&lt;br&gt;Recommended ages 2.5+&lt;br&gt;Siblings/babies welcome&lt;br&gt;Mason Library&lt;br&gt;231 Main Street&lt;br&gt;Gt Barrington&lt;br&gt;10:30 - 11:30am</td>
<td><strong>NM Library Storytime</strong>&lt;br&gt; w/ Jess&lt;br&gt;1 Mill River-&lt;br&gt;Gt Barrington Road&lt;br&gt;New Marlborough&lt;br&gt;10:00 - 11:30am</td>
<td><strong>Brain Builders</strong>&lt;br&gt; w/ Michelle&lt;br&gt;Lee Library&lt;br&gt;100 Main Street&lt;br&gt;10:15 - 11:00am&lt;br&gt;(birth - 18mos)</td>
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<td><strong>Play N Learn Sr.</strong>&lt;br&gt; w/ Kim&lt;br&gt;*CHP Family Services Blg. GB&lt;br&gt;(4-5 yrs)&lt;br&gt;12:15 - 2:00pm&lt;br&gt;Sign Up Required&lt;br&gt;Playroom Closed&lt;br&gt;No Drop-In at this time</td>
<td><strong>Sips &amp; Tips</strong>&lt;br&gt; w/ Cynthia&lt;br&gt;*CHP Family Services Blg. GB&lt;br&gt;11:00 am-12:00pm&lt;br&gt;Childcare provided</td>
<td><strong>Fit WIC</strong>&lt;br&gt;1:30 - 2:30pm&lt;br&gt;Meet at Family Service Building in GB&lt;br&gt;Open to all, however best for age 3+</td>
<td><strong>Baby and Me</strong>&lt;br&gt; w/ Jennie&lt;br&gt;Mason Library, GB&lt;br&gt;10:15 - 11:00am</td>
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<td><strong>Brain Builders Workshop</strong>&lt;br&gt;*CHP Family Services Blg. GB&lt;br&gt;January 28th&lt;br&gt;1:30 - 2:30pm&lt;br&gt;Optional Breastfeeding Class to Follow</td>
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<td><strong>Cabin Fever Drop-In</strong>&lt;br&gt;All welcome&lt;br&gt;Come in and play</td>
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For clarification call 413-528-0457 or check out our full schedule and descriptions at CHPBerkshires.org/calendar
CHP Family Services: Our doors are open for every child and every parent in need of compassionate support during the first five years of life, when critical brain development takes place. Families are invited to use the playroom, clothing exchange, and lending library (books and educational videos). **Walk-ins Welcome!**

**CHECK YOURSELF BEFORE YOU WRECK YOURSELF**

Free Parent Workshop with Cynthia Segui, LICSW and Kim Waterman, MSEd

**THURSDAY JAN. 24th 5:30 - 7:30pm**

Looking for some new ways to deal with tantrums, transitions and difficult moments? Join us for some practical tips and real solutions. Includes time to share your challenges and get individual advice.

**FREE BOOK AND CD**

In the conference room at CHP offices

444 Stockbridge Rd. GB

Childcare at the Family Services Bldg.

Pre-registration required, childcare provided (space limited)

e-mail chpplaygroups@gmail.com

sponsored by the Jewish Women’s Foundation of the Berkshires

**NEW OUTDOOR ACTIVITY GROUP STARTING JANUARY 8TH**

Join us every Tuesday from 1:30 - 2:30pm for all kinds of outdoor fun. For children 3+ yrs and parents.

Activities include snow-shoeing, scavenger hunts, animal print tracking, hiking and more!

Meet at the Family Services Bldg.

**FREE: FITWIC GROUP**

Winter Hike and Snowshoe Walk

Saturday, January 19th 1pm-4pm

Join us for a guided winter hike on the CHP Trail.

We have some kid’s snowshoes available with early reservations.

Register at info@gbtrails.org or call

CHP-WIC 413-528-0457

**LIHEAP FUEL ASSISTANCE APPLICATION HELP**

Fridays by appointment only.

at CHP-Family Service Building, Gt Barrington

CALL 413-418-3691 for an appointment.

LIHEAP FUEL ASSISTANCE

APPLICATION HELP

**FREE School Readiness Program for children 18 mo’s to 3½ years-old**

Weekly Home Visits with a trained Mentor to assist you in becoming your child’s First & Best Teacher! FREE Books & Toys each week! Fun & Creative Activities to help prepare your child for School!

For more information please contact:

Cynthia (413) 717-6260 or csegui@chpberkshires.org

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CHP Family Services is funded in part by the Massachusetts Dept. of Early Education and Care, the Massachusetts Dept. of Public Health, Allen Foundation, Berkshire Taconic Community Foundation, Massachusetts Local Cultural Councils, and Berkshire United Way.