# SEPTEMBER 2019 Playgroup Schedule

All groups begin the week of Sept. 2nd (closed Labor Day) unless otherwise noted

*CHP Family Services • 442 Stockbridge Rd. Gt. Barrington • 413-528-0457 • CHPBerkshires.org

Playgroups marked with double asterisk** are hosted by South Berkshire Kids

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Play N Learn w/ Kim</td>
<td>Toddler Steps w/ Jennie</td>
<td>Play N Learn w/ Kim</td>
<td>Toddler Steps w/ Jennie</td>
<td>SKIP &amp; DIP w/ Roberta, Marcela &amp; Anina</td>
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<tr>
<td>*CHP Family Services Blg. GB (3 - 4yrs)</td>
<td>*CHP Family Services Blg. GB (18m - 3yrs)</td>
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<td>Berkshire South RCC</td>
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<tr>
<td>9:30 - 11:30am</td>
<td>9:30 - 10:30am</td>
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<td>15 Crissey Road Gt Barrington 10:00 am - 11:00am</td>
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<td>Begins September 9th</td>
<td>Sign Up Required Playroom Closed No Drop-In at this time</td>
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<tr>
<td>Gym Fun w/ Jeanne</td>
<td>Brain Builders** w/ Michelle</td>
<td>Lenox Play ** w/ Roberta</td>
<td>Sing N Play** w/ Kim</td>
<td>Tyingham Stay and Play** w/ Jess and Michelle</td>
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<td>Town Hall Blg. West Stockbridge 10:00am - Noon</td>
<td>Recommended ages 2+ Siblings/babies welcome Undermountain Elementary 10:00 - 11:00am</td>
<td>Lenox CC 65 Walker Street 9:30 - 11:30am</td>
<td>Tyingham playground 10:00 - 11:00am</td>
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<td>Babies &amp; Books** w/ Jessica &amp; Michelle</td>
<td>Otis Explore &amp; Play** w/ Anina</td>
<td>New Marlborough Storytime** w/ Jessica</td>
<td>Richmond Reads** w/ Jessica</td>
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<td>Lee Library 100 Main Street (birth to 12 mos)</td>
<td>Otis Town Hall 1 North Main Road Otis MA 9:30 - 11:30am</td>
<td>New Marlborough Library Mill River 10:00 - 11:00am</td>
<td>Richmond CS 1831 State Road 9:30 - 10:30am</td>
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<td>10:30 - 11:30am</td>
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<tr>
<td>Sandisfield Play** w/ Anina</td>
<td>Brain Builders w/ Sue</td>
<td>Pinewoods Play w/ Sue</td>
<td>Brain Builders** w/ Michelle</td>
<td>Stockbridge Strolling Group w/ Jennie</td>
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<tr>
<td>Sandisfield Community Center (below library)</td>
<td>Recommended ages 2+ Siblings/babies welcome Mason Library 231 Main Street Gt Barrington 10:30am - Noon</td>
<td>3 W Stockbridge Rd Stockbridge 9:30 - 11:00am</td>
<td>Recommended ages 2+ Younger siblings welcome Lee Library 100 Main Street 10:30 - 11:30am</td>
<td>For babies in arms or strollers Stockbridge Town Hall 9:30 - 10:30am</td>
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<td>9:30-11:00am</td>
<td>Starts September 10th</td>
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<td>Baby Box Workshop w/ Cynthia</td>
<td>Sips &amp; Tips w/ Cynthia</td>
<td>Good Food Project 2nd and 4th Wednesdays</td>
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<td>*CHP Family Services Blg. GB 1:30 - 2:30pm</td>
<td>*CHP Family Services Blg. GB 11:00 am - Noon Childcare provided</td>
<td>2nd and 4th Wednesdays</td>
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<td>September 30th</td>
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For clarification call 413-528-0457 or check out our full schedule and descriptions at CHPBerkshires.org/calendar
CHP Family Services: Our doors are open for every child and every parent in need of compassionate support during the first five years of life, when critical brain development takes place. Families are invited to use the playroom, clothing exchange, and lending library (books and educational videos). Walk-ins Welcome!

**HEALTHY SLEEPING HABITS**

With Scott Noyes

THURSDAY September 19th, 6-8pm

Lee Elementary School

Childcare provided, pre-registration required

Contact Jessica at south berkshire kids@gmail.com

**MOBILE FOOD BANK**

Free fruits, vegetables, and other nutritious foods

FIRST TUESDAYS in Great Barrington at CHP

FOURTH WEDNESDAYS in Dalton at CRA/FSN

11AM UNTIL NOON

BRING YOUR OWN SHOPPING BAGS

**APPLY FOR SNAP**

10am until 3pm

Call 413.528.0457 for an appointment

It’s HIP to be healthy!!

If you use SNAP at a HIP retailer

HIP dollars you earn are put back into your SNAP balance For more information:

1-800-645-8333 or mass.gov/HIP

**CHP is growing!**

Check out our new space at CHP Family Services - Dalton

Kittredge House  444 Main St, Dalton

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**INFANT – TODDLER CPR**

SEPTEMBER 26TH 5:30 - 7:00PM

CHP Administration Building

444 Stockbridge Rd

Great Barrington MA 01230

To reserve your spot

Call 413.528.0457 ($5.00 fee)

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**DO YOU SPEND TOO MUCH TIME WORRYING WHAT’S FOR DINNER?**

We can help. You want the best for your family, but time, money and picky eaters can make it difficult.

Check out our FREE - 6 week Cooking Matters class

DATES: October 3, 10, 17, 24 & November 7

TIME: Thursdays, 11:00am - 1:00pm

LOCATION: CHP Family Services Building

442 Stockbridge Road, Gt Barrington

RSVP: Call 413-528-0457; email jjarvis@chpberkshires.org

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**Walmart SNAP**

This program was partially funded by USDA’s Supplemental Nutrition Program as part of SNAP-Ed, brought to you by Cooking Matters®. To find out more, contact 1-866-950-FOOD(3663).